# FITNESS RATES

### **Membership Ages**

Junior 0-18 Senior 60+

Adult 19-59 Special EMT, Military, Police, Fire, College Student (full time), and BMC Employee

### 1-year General Membership

INCLUDES: General Use of the Facility (Open Gym Times at CRA/DYC, Locker Rooms, and Sauna)

Junior/Special \$50 Adult \$90 Senior \$70

#### **Full Membership**

INCLUDES: General Use of the Facility, Fitness Center, Pool, Pickleball, Personal Training Plan, and Regular Classes

	1 month	3-month	6-month	Year
Youth(13-18)/Special	\$20.00	\$55.00	\$105.00	\$200.00
Adult	\$46.00	\$110.00	\$195.00	\$335.00
Senior	\$41.00	\$95.00	\$170.00	\$310.00

<sup>\*\*</sup> EFT — \$32/month with a year commitment\*\*

### **Berkshire Fit Membership**

INCLUDES: General Use of the Facility, Fitness Center, Pickleball, and Regular Classes

	1 month	3-month	6-month	Year
Youth(13-18)/Special	\$20.00	\$55.00	\$105.00	\$200.00
Adult	\$41.00	\$90.00	\$170.00	\$300.00
Senior	\$37.00	\$80.00	\$150.00	\$270.00

<sup>\*\*</sup> EFT — \$29/month with a year commitment\*\*

### 1 Year Pickleball Membership ONLY

**Adult** \$115.00 **Senior** \$105.00

## **Personal Training/Health Coaching**

MEASURE/ANALYZE/IMPROVE/CONTROL \$300 Package

A comprehensive 8 appointment service that provides the following components:

- •Initial and ongoing consultations and appointments (8 in total).
- An individually designed program created to achieve your goals.
- •Supervision and tracking of your progress.
- •Initial and final measurements of your desired objectives.

#### **Use of Facility Costs**

1 Day Pass \$10

Family Swim Free for members, \$8 for Non-members,

maximum charge of \$20 per family

**Punch Card** \$130 to use the facility for 20 visits



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