



Effective April 2024

FITNESS PACKET

Rate Sheet Schedules

- Berkshire Fit Classes
- Pool: Classes and Lessons
- Gymnasium

Spring/Summer Hours

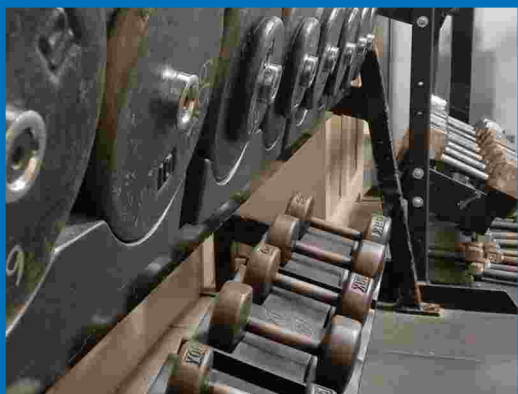
Monday – Friday 5:00 am – 8:00 pm
Saturday 7:00 am – 3:00 pm
Sunday 9:00 am – 1:00 pm

Recreation Team

Alison Peters	Executive Director	apeters@daltoncra.org
Dustin Belcher	Director of Operations	dbelcher@daltoncra.org
Kyle Lyman	Program Manager	klyman@daltoncra.org
Jon Yetto	Program Manager	jyetto@daltoncra.org
Tom O'Connor	Program Coordinator	toconnor@daltoncra.org
Missy Klinedinst	Office Manager	mklinedinst@daltoncra.org
Matthew Fisher	Program Administrator	mfisher@daltoncra.org
Mark Santella	Fitness Center Manager	msantella@daltoncra.org
Theresa Ott	Aquatics Director	aquatics@daltoncra.org



W. Murray Crane Community House
400 Main Street • Dalton, MA 01226 • 413-684-0260
daltoncra.org



FITNESS RATES

Effective April 1, 2024*

Membership Ages

Youth	0-18	Senior	60+
Adult	19-59	Special	EMT, Military, Police, Fire, and College Student (full time)

1-year General Membership

INCLUDES: General Use of the Facility (Open Gym Times at CRA/DYC, Locker Rooms, and Sauna)

Youth/Special	\$50	Adult	\$90	Senior	\$70
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Berkshire Fit Membership

INCLUDES: General Use of the Facility, Fitness Center, Pickleball, and Regular Classes

	1 month	3-month	6 Month	Year
Youth (13-18) / Special	\$20.00	\$55.00	\$105.00	\$200.00
Adult	\$41.00	\$90.00	\$170.00	\$300.00
Senior	\$37.00	\$80.00	\$150.00	\$270.00

** EFT — \$29/month with a year commitment**

Full Membership

INCLUDES: General Use of the Facility, Fitness Center, Pool, Pickleball, Personal Training Plan, and Regular Classes

	1 month	3-month	6 Month	Year
Youth (13-18)/Special	\$20.00	\$55.00	\$105.00	\$200.00
Adult	\$46.00	\$110.00	\$195.00	\$335.00
Senior	\$41.00	\$95.00	\$170.00	\$310.00

** EFT — \$32/month with a year commitment**

1 Year Pickleball Membership ONLY

Adult	\$115.00
Senior	\$105.00

Personal Training/Health Coaching

MEASURE/ANALYZE/IMPROVE/CONTROL \$300 Package

A comprehensive 8 appointment service that provides the following components:

- Initial and ongoing consultations and appointments (8 in total).
- An individually designed program created to achieve your goals.
- Supervision and tracking of your progress.
- Initial and final measurements of your desired objectives.



Use of Facility Costs

1 Day Pass	\$10
Family Swim	Free for members, \$8 for Non-members, maximum charge of \$20 per family
Punch Card	\$130 to use the facility for 20 visits

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* Prices subject to change