



*Come be
part of the fun!*

Summer at the CRA * 2023



Register today!

Community Recreation Association

400 Main Street • Dalton, MA 01226 • (413) 684-0260 • daltoncra.org   

DYC DAY CAMP

DYC DAY CAMP

Dan McMahon, Director of Day Camp
dcmahon@daltoncra.org • 413-684-0260, ext. 204

Jon Yetto, Director of Day Camp
jyetto@daltoncra.org • 413-684-0260, ext. 202



Program Details

The DYC summer day camp program includes daily swimming at the CRA's pool, trips to local parks, gym games, arts & crafts, and weekly trips to the library!

Campers should wear comfortable clothing and sneakers. Please bring a bathing suit, a towel and a swim cap, a refillable bottle of water, lunch, and snacks for mornings and afternoons. Please remember to wear plenty of sunscreen!

The Goal

The DYC summer day camp program aims to ensure that each camper has an experience that they will long remember and cherish. Developing skills, building self-confidence and forming friendships go hand-in-hand with a summer's worth of fun and learning. Our staff is made up of dedicated and experienced employees from the Dalton Youth Center and CRA. The staff is deeply committed to ensuring that each camper develops to his or her full potential in a safe, structured environment.



DYC Day Camp Sessions

Grades 1-6 (Grade as of September 2023)

Time 7:30 am – 5:00 pm

Dates	Week 1	June 26 – June 30
	Week 2	July 3 – July 7 (4 days)
	Week 3	July 10 – July 14
	Week 4	July 17 – July 21
	Week 5	July 24 – July 28
	Week 6	July 31 – August 4
	Week 7	August 7 – August 11
	Week 8	August 14 – August 18
	Week 9	August 21 – August 25

Cost for weeks 1, 2, 4-9: \$200 per week

Cost for week 2 (4 days): \$160 per week



SPORTS CLINICS & SPECIALTY WORKSHOPS

SPORTS CLINICS & SPECIALTY WORKSHOPS

Dustin Belcher, Director • dbelcher@daltoncra.org • 413-684-0260, ext. 203

Kyle Lyman, Assistant Director • klyman@daltoncra.org • 413-684-0260, ext. 205

Boys Basketball

The Wahconah Warriors Boys Basketball Coach Dustin Belcher, players, and coaching staff will offer Boys Basketball Clinic again this summer. The Warriors made the Final Four in State Tournament 2022. This clinic will focus on fundamentals such as passing, dribbling, shooting, and defense. Kids will be broken up at the clinic based on experience and ability.

Girls Basketball

Wahconah Girls Basketball Coach Liz Kay and her players will offer a Girls Basketball Clinic again this summer. The Warriors were back-to-back Western Mass Champions in 2022 and 2023 and made the 2023 state finals. Coach Kay and her players will focus on passing, dribbling, shooting, and defense. Players will also participate in drills and competitions throughout the week. Focus will be on the fundamentals: passing, dribbling, shooting and defense. There will be foul shooting, hotshot contests and fun daily games. Kids will be grouped by age.

Basketball Shooters

This co-ed, specialized basketball clinic will give you the drills and instruction you need to improve your overall offensive skill set. Wahconah Varsity Boys Basketball Coach Dustin Belcher and his staff will work you through challenging drills. The Warriors made the Final Four in State Tournament 2022. Be ready to:

- Increase your shooting percentage
- Increase your confidence on offense
- Expand your basketball IQ

The coaches will make sure that you leave this 3-day intensive shooting and offensive skills clinic with drills you will continue to use throughout your basketball career.

Cheer

Wahconah Cheer Coach, Nikki DiMassimo, and the WRHS Cheer team will host a full-day youth Cheer Skills Clinic. Participants will learn skills including motions, jumps, stunts, tumbling, etc. The day will conclude with a brief performance for family and friends.



Coach Campbell's FUNdamental Youth Football

Wahconah Football Coach Gary Campbell Jr., along with WRHS football players, will be conducting Football Clinic this summer. Fundamental football skills will be the emphasis, however the coaches will teach more than just football; kids will be taught teamwork, self-discipline, and how to attain their potential on and off the field. The coaching staff will thoroughly train and prepare each player during the clinic in every position.

Baseball

The CRA is offering a Baseball Clinic this summer run by Wahconah JV Baseball Coach Collin Parrott. Focus will be on the fundamentals, throwing, catching, hitting, base running, and other fun games. Kids will be split up into groups by age.

Softball

Wahconah Varsity Coach Dustin Belcher and his players will offer a Softball Clinic again this summer. The Warriors made Final Four in State Tournament 2022. The clinic will focus on fielding, hitting, throwing, pitching, and much more!

Co-ed Lacrosse

Wahconah Varsity Boys Lacrosse coach Joe O'Neill will offer a Lacrosse clinic this summer. The Warriors were State Champions 2022! Coach O'Neill has put together a curriculum built around an easy to learn and execute drill book, drawing from his box and field lacrosse background, progression drills, and 3v3 Lacrosse. 3v3 lacrosse focuses on playing fast and mastering the art of the 3v2 helping to build lacrosse and overall sports IQ. We will introduce a wide range of fundamental skills and concepts, then ask players to be creative in applying them during small sided games and daily 3v3 tournaments. Players will develop their game and have fun doing it! Fundamental skills are recommended for grades 3-5, while advanced players, grades 6-9, can improve their skills.

Girls Soccer

WRHS Soccer Coach Maggie Rivers and players from her team will be focusing on fundamentals, skills, and drills. Kids will be split up into groups by age/skill level.

All-Star Girls Soccer

The Wahconah Warriors Girls Soccer coach Maggie Rivers and her players will be offering a summer clinic open to players in grades 7-10. This clinic will improve a players fundamental skills, such as passing, dribbling, shooting, and defending at a more advanced level. Players will get to experience what a varsity practice looks like.

Co-ed Soccer

The Wahconah Warriors Boys Soccer coach Kyle Lyman and his players will offer a soccer clinic this summer. The camp will focus on learning the fundamentals of soccer which includes passing, dribbling, shooting and defending. There will be mini games like bear ball, lightning and small sided scrimmages included! Kids will be broken up by experience and ability.

All-Star Boys Soccer

The Wahconah Warriors Boys Soccer coach Kyle Lyman and his players will be offering a summer clinic open to all boys travel players or hopeful travel players. This clinic will improve a players fundamental skills, such as passing, dribbling, shooting, and defending at a more advanced level. Players will get to experience what a varsity practice looks like.

Art

Looking for fun out of the sun? Pop in and make art with local crafter Tracey Haley. Tracey will guide kids through creative painting projects, fun drawing activities, and many types of arts and crafts. We might get messy!

Dance

Kids will explore movement in a fun and safe manner, participating in easy to follow warm-ups that will keep their attention and heart pumping, followed by fun dance games! This is a week filled with exciting music and free movement. Make sure to wear sneakers and bring a water bottle!

All Sports Camp

Join the CRA recreation team for a week filled with all of your favorite sports games. Campers in grades 2-6 will spend the week playing games including Kickball, Wiffleball, Basketball, Soccer, Badminton, Corn Hole, and more in a structured team setting. Wear comfortable clothes and sneakers and bring your best attitudes! Camp will be held at the CRA and Pine Grove Park.



Coach Jason Plamondon Elite Boys Basketball Clinic

For serious players only, grades 5-12 as of fall 2023

Coach Plamondon, Assistant Basketball Coach, Elms College

The sessions are intended for players who want to continue to grow their fundamental skill set and apply it to game-like situations. Regardless of the position you play, if you are a motivated player, the sessions will enhance your game. These are the advanced skill sessions that will be covered:



- **Building Your Base** – Jump stops & pivoting
- **Creating Space** – Triple threat and off the bounce
- **Handling Pressure**
- **Finishing the Play** – Various footwork methods & skill releases to score the ball
- **Shooting the Ball** – Basic technique & drills/competitions to become more proficient
- **Get Game Ready** – Various game-like situations in half and full court, including 1v1 up to 5v5

MCLA Coach Jutras' Elite Baseball Clinic

Coach Robert Jutras, Baseball program, MCLA

The sessions are intended for experienced players who want to continue to grow their fundamental skill set and apply it to game-like situations. Kids will be grouped based on ability.



Make it a Full Day with our DYC Day Camp

For kids who would like to spend the afternoon at our DYC Day Camp. The program includes daily swimming at the CRA's pool, trips to local parks, gym games, arts & crafts, and weekly trips to the library! Kids should wear comfortable clothing and sneakers. Please remember to wear plenty of sunscreen!

PLEASE BRING:

Lunch, a snack, a refillable bottle of water, and a bathing suit, towel, and swim cap.

PICKUP:

5 pm at the DYC, 27 South Carson Ave.

Make it a Full Day \$120/week*

(Provide your own transportation)

*If child's clinic/workshop is located on the CRA campus, a staff member will walk them to the DYC Day Camp.



SUMMER AT THE CRA

Visit us at
daltoncra.org

for

summer program and event details!

- 100th Anniversary Community Celebration
- Summer Park Program at Pine Grove Park
- Music on Main Concert Series
- Swim Lessons
- Summer Travel Sports
- CRA Invitational Softball Tournament
- Just Play Hoops

...and more!



CRA 2023 SUMMER CAMPS/CLINICS/WORKSHOPS AT A GLANCE

	GRADES/AGES	TIME	LOCATION	COST
WEEK 1 – June 26 to 30				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> Cheer (Saturday, 6/24, 1 day)	Grades K-8	9am–4pm	CRA	\$40
<input type="checkbox"/> Co-ed Soccer	Grades K-9	9am–12pm	NRMS	\$85
WEEK 2 – July 3 to 7 (No Programs on Tuesday, July 4)				
<input type="checkbox"/> DYC Day Camp (4 days)	Grades 1-6	7:30am–5pm	DYC	\$160
<input type="checkbox"/> Art (7/3, 7/5-7/7, 4 days)	Grades 1-3	9am–12pm	CRA	\$70
<input type="checkbox"/> Softball (7/5-7/7, 3 days)	Grades K-9	9am–12pm	PG PK	\$50
WEEK 3 – July 10 to 14				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> Elite Baseball	Ages 8-14	9:00am–3:00pm	PG PK	\$130
<input type="checkbox"/> Boys Basketball	Grades 3-9	9am–12pm	WRHS	\$85
WEEK 4 – July 17 to 21				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> Girls Basketball	Grades 3-9	9am–12pm	WRHS	\$85
WEEK 5 – July 24 to 28				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> Baseball	Grades 1-6	9am–12pm	CH PK	\$85
<input type="checkbox"/> Dance	Grades 1-5	9am–12pm	CRA	\$85
WEEK 6 – July 31 to August 4				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> Basketball Shooters (8/1-8/3, 3 days)	Grades 3-9	9am–1pm	NRMS	\$60
<input type="checkbox"/> Coach Campbell's FUNDamental Youth Football (7/31–8/3, 4 days)	Grades 3-8	6pm–8pm	WRHS	\$50
<input type="checkbox"/> Girls Soccer	Grades 1-8	9am–12pm	NRMS	\$85
<input type="checkbox"/> All Star Girls Soccer (7/31, 8/2, 8/4, 3 days)	Grades 7-10	5pm–7:30pm	NRMS	\$50
WEEK 7 – August 7 to 11				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> Co-ed Lacrosse (8/8-8/10, 3 days)	Grades 3-9	9am–12pm	NRMS	\$50
<input type="checkbox"/> Elite Basketball	Grades 5-12	9am–2pm	NRMS	\$130
WEEK 8 – August 14 to 18				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> All Star Boys Soccer	Grades 3-8	9am–12pm	NRMS	\$85
WEEK 9 – August 21 to 25				
<input type="checkbox"/> DYC Day Camp	Grades 1-6	7:30am–5pm	DYC	\$200
<input type="checkbox"/> All Sports Camp	Grades 2-6	9am–12pm	CRA	\$85

LOCATIONS KEY

CRA – 400 Main Street, Dalton

CH PK – Chamberlain Park

WRHS – Wahconah Regional High School

DYC – 27 South Carson Ave, Dalton

PG PK – Pine Grove Park

NRMS – Nessacus Regional Middle School



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Registration Form SUMMER 2023

FORM A
SIDE 1

Please complete both sides

Register online at daltoncra.org **OR** Please fill out all listed forms when registering in person:

___ FORM A – Registration – completed, Side 1 and Side 2

___ FORM B: Health Form – completed by child's physician For safety reasons, all health forms must be submitted to the CRA including a copy of child's immunizations. Your child will not be able to attend until completed health forms are received by the CRA.

___ Payment NOTE: Payment must be made in full at time of registration for clinics, workshops, and Make it a Full Day. A \$25 per week non-refundable security deposit is required at registration for DYC Day Camp. Financial aid is available upon completion of a financial aid application. Please note financial aid requests must be received the 7-days prior to the start of the requested camp. For application, please contact the CRA at (413) 684-0260 or download at daltoncra.org.

Child's Information (Please fill out a separate form for each child)

*Name _____

*Date of Birth _____

Home Address _____

*Grade as of September 2023 _____

Gender M _____ F _____

Allergies and/or Special Diet _____

Prescription Medications (Additional documentation is required for all administered and self-administered medication. Please reference Policies and Procedures page for details.)

Parent/Guardian Information

*Parent/Guardian Name _____

Home Address _____

Relationship to Child _____

*Phone Number 1 _____

Phone Number 2 _____

*email _____

Parent/Guardian Name _____

Home Address _____

Relationship to Child _____

Phone Number 1 _____

Phone Number 2 _____

email _____

Emergency Contact Information (other than Parents/Guardians)

*Name _____

*Phone Number _____

*Relationship to Camper _____

*Is this contact authorized to pick up camper Yes _____ No _____
(Proof of ID may be requested upon pick-up)

*Name _____

*Phone Number _____

*Relationship to Camper _____

*Is this contact authorized to pick up camper Yes _____ No _____
(Proof of ID may be requested upon pick-up)

*General Release / Photo Release / Summer Program (camp/clinic/workshop) Policies and Procedures Release

• **General Release:** I hereby acknowledge that participation in summer programs carries with it a potential risk of harm. Accordingly, in consideration of my being permitted to participate in a Dalton CRA Summer Program, I hereby release the Dalton Community Recreation Association, Inc., The CRA Board of Governors, The CRA Board of Trustees, the Central Berkshire Regional School District, the Town of Dalton, the instructors and employees of the foregoing from any and all claims or other liability for illness or injury to person or property arising out of participation in a Dalton CRA Summer Program.

Parent's / Guardian's Signature _____ Date _____

• **Photo Release:** I grant to the CRA, the right to take photographs of my child(ren) in connection with summer programs. I authorize the CRA, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that the Dalton CRA may use such photographs of my child(ren) with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

Parent's / Guardian's Signature _____ Date _____

• **Summer Programs Policies and Procedures:** I have reviewed **NOTICE PAGE: Summer 2023 Policies and Procedures**. I understand and agree to the Summer 2023 Policies and Procedures. (Note: Required for ALL)

Parent's / Guardian's Signature _____ Date _____

***required**



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MASSACHUSETTS SCHOOL HEALTH RECORD

Health Care Provider's Examination

Name _____ ☐ Male ☐ Female Date of Birth: _____Medical HistoryPertinent Family HistoryCurrent Health Issues

Y N
☐ ☐ Allergies: Please list: Medications _____ Food _____ Other _____
 History of Anaphylaxis to _____ Epi -Pen®: ☐ Yes ☐ No
☐ ☐ Asthma: Asthma Action Plan ☐ Yes ☐ No (Please attach)
☐ ☐ Diabetes: ☐ Type I ☐ Type II
☐ ☐ Seizure disorder: _____
☐ ☐ Other (Please specify) _____

Current Medications (if relevant to the student's health and safety). Please circle those administered in school; a separate medication order form is needed for each medication administered in school.

Physical Examination

Date of Examination: _____

Hgt: _____ (____%) Wgt: _____ (____%) BMI: _____ (____%) BP: _____

(Check = Normal / If abnormal, please describe.)

<input type="checkbox"/> General _____	<input type="checkbox"/> Lungs _____	<input type="checkbox"/> Extremities _____
<input type="checkbox"/> Skin _____	<input type="checkbox"/> Heart _____	<input type="checkbox"/> Neurologic _____
<input type="checkbox"/> HEENT _____	<input type="checkbox"/> Abdomen _____	<input type="checkbox"/> Other _____
<input type="checkbox"/> Dental/Oral _____	<input type="checkbox"/> Genitalia _____	

Screening:

(Pass) (Fail)

Vision: Right Eye ☐ ☐
 Left Eye ☐ ☐
 Stereopsis ☐ ☐

(Pass) (Fail)

Hearing: Right Ear ☐ ☐
 Left Ear ☐ ☐

(Pass) (Fail)

Postural Screening: ☐ ☐
 (Scoliosis/Kyphosis/Lordosis)

Laboratory Results:☐ Lead _____ Date _____ ☐ Other _____The entire examination was normal: ☐Targeted TB Skin Testing: ☐ Med-to-High risk (exposure to TB; born, lived, travel to TB endemic countries; medical risk factors):TB Test Type: ☐ TST ☐ IGRA Date: _____ Result: ☐ Positive ☐ Negative ☐ Indeterminate/BorderlineReferred for evaluation to: _____ Date: _____ ☐ Low risk (no TB test done)

This student has the following problems that may impact his/her educational experience:

<input type="checkbox"/> Vision	<input type="checkbox"/> Hearing	<input type="checkbox"/> Speech/Language	<input type="checkbox"/> Fine/Gross Motor Deficit
<input type="checkbox"/> Emotional/Social	<input type="checkbox"/> Behavior	<input type="checkbox"/> Other	

Comments/Recommendations: _____

☐ Y ☐ N This student may participate fully in the school program, including physical education and competitive sports. If no, please list restrictions: _____

☐ Y ☐ N Immunizations are complete: If no, give reason: Please attach Massachusetts Immunization Information System Certificate or other complete immunization record.

Signature of Examiner Circle: MD, DO, NP, PA Date _____

Please print name of Examiner. _____

Group Practice _____

Telephone _____

Address _____

City _____

State _____

Zip Code _____

Please attach additional information as needed for the health and safety of the student.

MDPH 08/15/13

Policies and Procedures

Administration

Jon Yetto	Director, DYC Day Camp
Dan McMahon	Director, DYC Day Camp
Kyle Lyman	Assistant Director, Sports Clinics / Specialty Workshops
Dustin Belcher	Director, Sports Clinics / Specialty Workshops
Alison Peters	Executive Director, CRA

Schedule

Day Camp Hours: 7:30 am – 5:00 pm

Sports/Specialty Hours: See 2023 SUMMER AT A GLANCE

We reserve the right to charge for late pick-ups!

Registration Procedure

DYC Day Camp accepts children entering grade 1 through grade 6 as of fall 2023. All children must be fully potty trained to attend camp.

Sports Clinics and Specialty Clinics ages vary, please see 2023 SUMMER AT A GLANCE page.

To attend, all forms must be completed for each child. This includes general information, as well as medical and emergency contact information.

Once registered and the deposit is paid your child is GUARANTEED a slot in that week's program. Because this slot is guaranteed for your child, you must pay for that slot whether your child attends or not. (Example: a child is registered for Monday-Friday and only attends 2 days. The parent or guardian is still responsible for payment for the full Monday-Friday week the child is signed up for.)

Payments

Day Camp payments are due the Friday prior to the week your child is attending. **Your child will not be able to attend camp until any overdue payment is received.** This includes financial aid agreement payments.

Sports/Specialty Payments are required at time of registration in order to guarantee your child's spot.

Day Camp Attire

Please remember to dress for the weather. We encourage you to dress your child in clothing that you do not mind getting dirty or stained with art materials.

- Please send your child with a water bottle DAILY

Here are some helpful reminders of camp appropriate clothing:

- Closed-toe shoes
- T-shirts
- Shorts
- Please send your child with a swimsuit and towel DAILY
- Please send your child with a change of clothes DAILY

Lost and Found

Day Camp has a Lost and Found for misplaced items. Please label all items with your child's name. While we make every effort to keep all camper belongings in their backpack or with them, items can be misplaced. Camp will not be held responsible for lost or stolen items. Please make a quick check of your child's backpack at the end of the camp day.

Behavioral Policy

Camp has a strict 3-strikes policy. We give a child the opportunity to turn their behavior around 3 times before their parent/guardian is contacted to pick the child up.

In cases of immediate danger—or incidents such as running away, physical or verbal altercations, and bullying—the 3-strikes policy will not apply. The parent/guardian will be contacted immediately to pick up their child. Depending on the child's actions, if a suspension is necessary, it will be up to the Director to determine when the child can return to camp. There will be no reimbursement for suspensions!

Illness Policy

To attend Camp, children must be healthy enough to participate in the program's daily routine. For the safety and comfort of your child, please keep them home until they feel better and no longer present the danger of passing on their illness - we do not have the facilities to care for sick children. An ill child will be provided with rest and quiet and the parent/guardian will be called to pick up child. Conditions that necessitate an ill child to be picked up early from the program include: fever, diarrhea, vomiting, lethargy, Conjunctivitis (Pink Eye), head lice, persistent crying, difficulty breathing, or other evidence of disease, including suspicious rashes. We ask parents to keep their child(ren) home if they are experiencing any symptoms listed above. **Children will be allowed to return to program when they are free of the above symptoms for a 24-hour period, or with written approval of their physician.** The Director may request a written note from the physician if there is a concern of the child or other children in the program. Camp staff will notify the parent/guardian of symptoms that might indicate allergy, respiratory, skin or digestive distress.

Medications and Allergies

Parents need to record any known allergies or current medications on the Registration Form. Additional documentation related to current allergies and medication is required. Please contact the specific camp director for additional information.

Camp staff will be notified of all allergies. An allergy list will be posted at the DYC, CRA, on the refrigerator in the kitchen, and on the snack storage cabinet.

Medication will be administered to children enrolled in the Day Camp by the Camp Leader or Director only when given with medication form or doctors note and:

- All medications shall be labeled in its original container with the child's name, the name of the drug, and the directions for its administration and storage. All medications must be given directly to the Director or Camp Leader by the parent/guardian.
- All medications will be stored out of the reach of children.
- The program will maintain a written record of the administration of any medications (excluding topical ointments and sprays applied to normal skin) which will include the child's name, the time of date of each administration, the dosage, and the name of the staff member administering the medication. This completed record will become part of the child's file.
- All unused medication will be returned to the parent.

Release

Child's parents/guardians are required to review and accept the Summer 2023 Policies and Procedures Notice.

The Community Recreation Association's Camp is in full compliance with the Massachusetts Department of Public Health (MDPH) and is licensed by the Local Board of Health (LBOH).



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