FITNESS RATES

Effective April 24, 2023*

Membership Ages

Youth 0-18 **Senior** 60+

Adult 19-59 **Special** EMT, Military, Police, Fire, and College Student (full time)

1-year General Membership

INCLUDES: General Use of the Facility (Open Gym Times at CRA/DYC, Locker Rooms, and Sauna)

Youth/Special \$45 Adult \$85 Senior \$70

Berkshire Fit Membership

INCLUDES: General Use of the Facility, Fitness Center, Pickleball, and Regular Classes

	1 month	3-month	6 Month	Year
Youth (13-18)/Special	\$20.00	\$55.00	\$105.00	\$200.00
Adult	\$41.00	\$88.00	\$161.00	\$282.00
Senior	\$37.00	\$80.00	\$150.00	\$270.00

^{**} EFT — \$29/month with a year commitment **

Full Membership

INCLUDES: General Use of the Facility, Fitness Center, Pool, Pickleball, Personal Training Plan, and Regular Classes

	1 month	3-month	6 Month	Year
Youth (13-18)/Special	\$20.00	\$55.00	\$105.00	\$200.00
Adult	\$46.00	\$108.00	\$191.00	\$332.00
Senior	\$41.00	\$93.00	\$166.00	\$307.00

^{**} EFT — \$32/month with a year commitment **

1 Year Pickleball Membership ONLY

Adult \$110 **Senior** \$100

Personal Training/Health Coaching

MEASURE/ANALYZE/IMPROVE/CONTROL \$300 Package

A comprehensive 8 appointment service that provides the following components:

- Initial and ongoing consultations and appointments (8 in total).
- An individually designed program created to achieve your goals.
- Supervision and tracking of your progress.
- Initial and final measurements of your desired objectives.

Use of Facility Costs

1 Day Pass \$10

Family Swim Free for members, \$8 for Non-members,

maximum charge of \$20 per family

Punch Card \$130 to use the facility for 20 visits



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