



# CRA 2022-23 Winter Sports Registration

**The Dalton CRA will be holding youth basketball league sign-ups at the Dalton CRA from October 1 to October 31.**

All participants must have a current CRA Youth Membership (\$40.00) through March 2023 and pay league fees. Financial Aid is available and all requests are kept confidential. All financial aid requests must be completed in full and **submitted by October 31st**. Financial aid forms can be found online at [daltoncra.org/formsflyers](http://daltoncra.org/formsflyers) or may be picked up at the CRA. **After October 31st we will start a waiting list and at that point you will not be guaranteed a spot in the appropriate league. Space in the leagues will be LIMITED!**

For any questions or concerns, please contact the CRA Recreation Team:

**Dustin Belcher**

Director of Recreation

(413) 684-0260, ext. 203

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**Brianna Wilkins**

Program Administrator

(413) 684-0260, ext. 205

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**Kyle Lyman**

Sports Program Coordinator

(413) 684-0260

[klyman@daltoncra.org](mailto:klyman@daltoncra.org)

MUST BE FILLED OUT COMPLETELY:

Child's Name \_\_\_\_\_

FIRST

LAST

Address \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Grade \_\_\_\_\_

Parent / Guardian Name \_\_\_\_\_

FIRST

LAST

Email \_\_\_\_\_

**Email will be the main way of communication for both coaches and the Dalton CRA.**

**League (please circle):**

BASKETBALL			
Pre K & Kindergarten	\$70	Grade 6-8 Girls	\$80
Grade 1 & 2 Boys	\$70	Grade 7 & 8 Boys	\$80
Grade 1 & 2 Girls	\$70		
Grade 3 & 4 Boys	\$80	Jim Duquette League	\$80
Grade 3-5 Girls	\$80	Boys Pre-Season Clinic	\$30
Grade 5 & 6 Boys	\$80	Girls Pre-Season Clinic	\$30

Winter Softball Training Sessions		
Level	Session	Cost
<input type="radio"/> Beg. <input type="radio"/> Adv. <input type="radio"/> Int.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3	<input type="radio"/> \$80 for 1 <input type="radio"/> \$130 for 2 <input type="radio"/> \$180 for all 3

**• General Release:** I hereby acknowledge that participation in competition carries with it a potential risk of harm/illness. Accordingly, in consideration of my being permitted to participate in a Dalton CRA Sports League, I hereby release the Dalton Community Recreation Association, Inc., The Dalton CRA Board of Governors, The Dalton CRA Board of Trustees, the Central Berkshire Regional School District, the Town of Dalton, the team, the coaches, the game officials and employees of the foregoing from any and all claims or other liability for injury or illness to person or property arising out of participation in a Dalton CRA Sport league.

Parent's / Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

**• Photo/Video Release:** I grant to the Dalton CRA, the right to take photographs of my child(ren) in connection with the sports league. I authorize the Dalton CRA, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that the Dalton CRA may use such photographs of my child(ren) with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

Parent's / Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_



The CRA Hall of Fame is proud to help underwrite the youth sports programs in our community. It is our goal to never turn a child away. Proceeds from the Hall of Fame will be used to help keep sports fees to a minimum and assist with financial aid.

Please circle one if you wish to donate:  
\$2    \$5    \$10    \$20    Other: \_\_\_\_\_

**For Office Use Only:**

Date Paid: \_\_\_\_\_ Staff Initials: \_\_\_\_\_ Membership Expiration: \_\_\_\_\_

**Coming soon –  
ONLINE REGISTRATION!**

Over the next few months,  
the CRA will be reaching out via email  
with more information.

**We will do our best to honor any special request, but may not be able to due to the high volume of requests.**

**Please check [daltoncra.org](http://daltoncra.org) or Facebook for all schedules and cancellations.**

**Refund Policy:** Refunds are NOT granted after the season begins unless a participant becomes injured (with doctor's note) or moves away. Refunds before the season begins will incur a \$10 processing fee. Memberships are only refundable with the exceptions listed on the membership contract.

**Please sign up on time to help us run quality programs.**

**I am interested in Coaching**  
(please complete below only if you wish to coach)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email (required) \_\_\_\_\_



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# CRA 2022-23 Winter Sports Registration

## House League Basketball

### Pre-K & Kindergarten Basketball

Co-ed basketball program for players in Pre K & Kindergarten. The Pre K & K program will be at the Dalton Youth Center on the Mini Hoops. Games will be on Saturday mornings starting on December 10th and run through February 18th. Practices will begin November 19th. **Cost: \$70**

### Grade 1 and 2 Boys

Basketball program for boys in grades 1 and 2. The 1 & 2 Boys program will be at the Dalton Youth Center on the Mini Hoops. Games will take place on Saturday afternoons starting on December 10th and run through February 18th. Practices will begin November 19th. **Cost: \$70**

### Grade 1 and 2 Girls

Basketball program for girls in grades 1 and 2. The 1 & 2 Girls program will be at the Dalton Youth Center on the Mini Hoops. Games will take place on Saturdays starting December 10th and run through February 18th. Practices will begin November 19th. **Cost: \$70**

### Grade 3 and 4 Boys

Program for boys in grades 3, 4, and 5. Program will be held at the Dalton CRA. Games will begin the week of December 10th and will run until March 11th. Scores and standing will be kept. Practices will begin after November 17th. **Cost: \$80**

### Grade 3-5 Girls

Program for girls in grades 3, 4, and 5. Program will be held at the Dalton CRA and Nessacus. Games will begin the week of December 10th and the season will run until March 11th. Scores and standing will be kept. Practices will begin after November 17th. **Cost: \$80**

### Grade 5 and 6 Boys

Program for boys in grades 5 and 6. Program will be held at the Dalton CRA and Nessacus. Games will begin the week of December 10th and the season will run until March 11th. Practices will begin after November 17th. Scores and standing will be kept. **Cost: \$80**

### Grade 6-8 Girls

Program for girls in grades 6, 7, and 8. Program will be held at Nessacus. Games will begin the week of December 10th and the season will run until March 11th. Practices will begin after November 17th. Scores and standing will be kept. **Cost: \$80**

### Grade 7 and 8 Boys

Program for boys in grades 7 and 8. Program will be held at Nessacus. Games will begin the week of December 10th and the season will run until March 11th. Practices will begin after November 17th. Scores and standing will be kept. **Cost: \$80**

### Jim Duquette High School Basketball League

Recreational league for players that are not on the high school team. Games are one time per week, start December 19th and run through February 27th. **Cost: \$80**

Please check [daltoncra.org](http://daltoncra.org) or Facebook for all schedules and cancellations.



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# CRA 2022-23 Winter Sports Registration

## Travel League Basketball Teams

The CRA sponsors travel basketball teams in the following age groups: Grades 3 & 4; Grades 5 & 6; and Grades 7 & 8. In order for a player to be eligible for the travel team, they must reside or go to school in the CBRSD and they must play in the CRA house league program. Teams will play in the Berkshire County Basketball League and in local tournaments. In order to be eligible for the travel team you must make one tryout. It is strongly encouraged to attend both tryouts. Fee will be due AFTER your child makes the team.

**Cost: \$125 Payment due by December 16th if your child makes the team.**

### TRAVEL BASKETBALL TRYOUT SCHEDULE

#### Girls

Grades 3/4	Sunday, December 4th	11:30 am – 12:45 pm	CRA Gym
	Sunday, December 11th	11:30 am – 12:45 pm	CRA Gym
Grades 5/6	Tuesday, November 8th	5:30 pm – 7:00 pm	Nessacus
	Thursday, November 10th	5:30 pm – 7:00 pm	Nessacus
Grade 7/8	Tuesday, November 8th	7:00 pm – 8:30 pm	Nessacus
	Thursday, November 10th	7:00 pm – 8:30 pm	Nessacus

#### Boys

Grades 3/4	Sunday, December 4th	12:45 pm – 2:00 pm	CRA Gym
	Sunday, December 11th	12:45 pm – 2:00 pm	CRA Gym
Grade 5/6	Monday, November 7th	5:30 pm – 7:00 pm	Nessacus
	Wednesday, November 9th	5:30 pm – 7:00 pm	Nessacus
Grade 7/8	Monday, November 7th	7:00 pm – 8:30 pm	Nessacus
	Wednesday, November 9th	7:00 pm – 8:30 pm	Nessacus

**5/6 and 7/8 Teams will be posted at the CRA on Friday, November 11th.**

**3/4 Teams will be posted at the CRA on Monday, December 12th.**

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# CRA 2022-23 Winter Sports Registration

## Pre-Season Basketball Clinics

Pre-Season Basketball Clinics for CRA players to help get ready for the upcoming season. Focus will be on fundamentals, game strategy, and overall basketball skills. Players will be divided into age groups and skill level once they arrive at the clinic.

**Cost: \$30**

**Sponsored by the Wahconah Boys and Girls Basketball Teams**

### Girls Basketball Clinic

Grades 3-8

Thursday, November 17th

5:30 pm – 6:45 pm

Wahconah High School

### Boys Basketball Clinic

Grades 3-8

Thursday, November 17th

6:45 pm – 8:00 pm

Wahconah High School



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# Winter Softball Training Sessions



Work with former Wahconah Softball players and current coaches on developing solid fundamentals and skills. Players will focus on defensive work and batting cage work, and do a softball related fitness program to help improve their game. Coaches will use film and track progress throughout the program. All players will leave each session with an evaluation and suggested drills to continue toward their personal goals regarding softball. Programs will take place Sunday evenings making this program a perfect fit for the athlete that is playing other sports. All sessions will be held at the CRA. **Space is LIMITED**

**Beginner Level** ..... **Grades K-2** ..... **4:00 – 5:00 pm**  
**Intermediate Level** ..... **Grades 3-5** ..... **5:15 – 6:15 pm**  
**Advanced Level** ..... **Grades 6-8** ..... **6:30 – 8:00 pm**

**SESSION 1** November 13th – December 18th

**SESSION 2** January 15th – February 19th

**SESSION 3** March 5th – April 16th

**COST: \$80 for 1 Session • \$130 for 2 Sessions • \$180/All 3 Sessions**

## MEET OUR COACHES!

### Allie Borowsky

Wahconah Regional High School Softball Captain and pitched for the varsity team for 4 seasons. Allie helped to lead the Warriors to the Western MA finals in 2015. After high school she played outfield and continued to pitch for Lasell University. She has coached in travel softball in Dalton since 2018 and continues to do so with Ashley Zink. She also spent a year as the assistant softball coach at MCLA and is the current JV assistant coach at Wahconah. She is excited to help kids fall in love with softball, learn new skills, and expand on the ones they already have.

### Jamie Downer

Wahconah Regional High School Softball Captain and pitched for the varsity team for 4 seasons. Coach Downer was an exceptional defensive player and earned a reputation as an excellent bunter making her team one of the best at playing "small ball." After many seasons of coaching and umpiring at the youth house league and travel leagues, Jamie is the current Varsity softball coach at Monument Mountain Regional High School in Great Barrington. Her team qualified for both Western MA and States this past spring. She looks forward to working with the next generation of softball players and helping your children learn to love the game.

### Ashley Zink

Wahconah Regional High School Softball Captain that led her team to the tournament all 4 seasons. She was also a member of the 2015 Western MA Finalist Team. Ashley played in the infield throughout her career and was best known for being an exceptional leader who played with incredible competitive drive. The past two years she helped coach Dalton's 14U softball team and is currently assisting the Wahconah Warriors Women's Soccer team. She has a strong passion for sports and this community. She's excited to help instill a strong work ethic, attention to detail, and passion for the sport.

### Maddie Kowalczyk

A 3-year member of the Wahconah Softball program, Maddie helped to take them to the postseason in 2014. Maddie's passion for softball started as a youth player in the CRA house league program and carried into her high school career. After high school, Maddie joined the United States Air Force. While in the Air Force, she played and coached for the Air Force women's team in Italy and also coached the 10U base team. After moving from Italy to Maryland she coached the County 12U team while also playing for the local adult softball league. Moving back to the Berkshires has given Maddie the opportunity to start her coaching journey with the CRA where she was the 12U coach this past summer.



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