

2021—2022
Session 4
Swim Lessons SIGNUP
BEGINS 3/21/2022

Swim Cap
Required

May be
Purchased
at CRA.



CLASSES START
4/4/2022



400 Main St. Dalton, MA 01226
Daltoncra.org



2022 Spring Swim Lessons

Session 4

April 4, 2022 – June 18, 2022 (10 weeks)

NO LESSONS 4/18/22-4/23/22 and 5/30/22

Class size is limited on a first come basis. ALL children taking swimming lessons need a current CRA Jr. Membership (\$40) which must be active through the end of their swimming session.

BATHING CAP and TOWEL REQUIRED.

*****Credits or refunds are NOT given for missed schedule classes.*****

Parent-Toddler

Parent needs to be in pool with child

Age: 6 months up to 3 years old (Under 6 months requires doctor's note)

Monday	10:00am-10:45am
Friday	10:00am-10:45am
Saturday	9:00am-9:45am

Pre-School

Age: 3-5 yrs old, NOT in Kindergarten

Monday	1:00pm-1:45pm
Tuesday	11:00am-11:45am
Wednesday	1:00pm-1:45pm
Thursday	11:00am-11:45am
Friday	11:00am-11:45am
Saturday	9:45am-10:30am

Beginner

Must be 5 years old and in Kindergarten

Tuesday	5:00pm-5:45pm
Wednesday	3:30pm-4:15pm
Saturday	10:30am- 11:15am

Advanced Beginner

Tuesday	4:15pm-5:00pm
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Advanced Beginner & Intermediate(separate classes)

Saturday	11:15am- 12pm
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Intermediate/Swimmer/Advanced Swimmer(separate classes)

Wednesday	4:15pm-5:00pm
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Adult

(NO Membership Required)

Tuesday	Stroke Technique	10:00am-11:00am
Thursday	Learn to Swim	10:00am-11:00am