

2021-2022 Fall-Spring Pool Schedule



Community Recreation Association, Inc.
 400 Main Street Dalton, MA 01226
www.daltoncra.org
 Phone: 413-684-0260 Fax: 413-684-4033

Pool schedule effective December 23, 2021

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	6:00 - 9:00 Adult Lap	6:00 - 9:00 Adult Lap	6:00 - 9:00 Adult Lap	6:00 - 9:00 Adult Lap	6:00 - 9:00 Adult Lap	7:00 - 9:00 Adult Lap
9:00 - 11:00 Adult Lap	9:00 - 10:00 Splash-er-cise	9:00 - 10:00 Water Works	9:00 - 10:00 Splash-er-cise	9:00 - 10:00 Water Works	9:00 - 10:00 Splash-er-cise	9:00 - 9:45 Parent/Toddler Lesson
	10:00 - 10:45 Parent Toddler Lesson	10:00 - 11:00 Adult Stroke Techniques		10:00 - 11:00 Adult Learn to Swim	10:00 - 10:45 Parent/Toddler Lesson	9:45-10:30 Preschool Lesson
11:00 - 12:00 Family Swim	11:00 - 12:00 Family Swim	11:00 - 11:45 Pre-School Lesson	11:00 - 12:00 Family Swim	11:00 - 11:45 Pre-School Lesson	11:00 - 11:45 Pre-School Lesson	10:30-11:15 Beginner Lesson
12:00-1:00 Splash Swim Program	12:00 - 1:00 Adult Lap	12:00 - 1:30 Adult Lap	12:00 - 1:00 Adult Lap	12:00 - 1:00 Adult Lap	12:00 - 1:30 Adult Lap	11:15-12:00 Advance Beginner/ Intermediate Lesson
	1:00 -1:45 Pre-School Lesson		1:00 - 1:45 Pre-School Lesson	1:00 - 2:00 OPEN ADULT SWIM		
	3:00 - 5:00 WRHS Swim Team	3:00 - 4:00 WRHS Swim Team	3:30 -4:15 Beginner Lesson	3:00 - 5:00 WRHS Swim Team	3:00 - 4:30 WRHS Swim Team	
		4:15 - 5:00 Advanced Beginner Lesson	4:15 - 5:00 Intermediate; Swimmer/ Advanced Swimmer Lesson		4:30 - 5:30 Otters Swim Team	
	5:00 - 6:00 Adult Lap	5:00 - 5:45 Beginner Lesson	5:00 - 6:00 Adult Lap	5:00 - 7:45 Otter Swim Team	5:30 - 6:30 Adult Lap	
	6:00 - 7:00 Water Aerobics	6:00 - 7:45 Otters Swim Team	6:00 - 7:00 Water Aerobics		6:30 - 7:30 Family Swim	
	7:00 - 7:45 Otters Swim Team		7:00 - 7:45 Otters Swim Team 7:45 -8:45 WRHS Swim Team			

An ACTIVE CRA Membership by one swimmer per group is required for member rate for family swim.
Board of Health REQUIRES SHOWERS and BATHING CAPS BEFORE entering the pool.