



Friday Creativity Corner with CATA at Dalton CRA!

January 14 through March 18 • In-Person

Workshops will meet on the CRA Campus at the Dalton Youth Center

Fridays from 4:30-5:30pm

January 14, 21, 28 | February 4, 11, 18, 25 | March 4, 11, 18

Join Community Access to the Arts (CATA) for a fun, creative, and hands-on workshop series for people with disabilities. Each week is a different art form! Participants will tap into their creativity and explore their talents in music, acting, yoga, and more. **No prior experience is necessary!** *Recommended for older teens and adults. 1:1 support from a family member, friend, or support staff is welcome based on individual need.*

Workshops are free, but registration is required. To register for all 10 workshops, please call the Dalton CRA at (413)684-0260

WHAT IS CATA?

We're a nonprofit organization that nurtures and celebrates the creativity of people with disabilities. Through dynamic arts programs, CATA artists tap into their talents and share their creativity with the wider community.

We collaborate with 50 different residences, public schools, day programs, and social service agencies to bring programs in dance, theater, painting, drumming, yoga, juggling and more to over 800 people with disabilities across Berkshire and Columbia counties. Learn more at CATAarts.org.

Have questions or want to learn more about CATA's programs? We'd love to talk to you! Contact Jeff Gagnon (Program Manager) at (413) 528-5485 or Jeff@CATAarts.org.



community access



Visit us online at CATAarts.org | 413-528-5485 | Jeff@CATAarts.org



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January

14th: Dance with Olivia Martin

21st: Imagination, Expression, & You! (Acting/
Storytelling with Greg Boover

28th: Yoga with Paula Boyajian

February

4th: Your Songs: Music with Wes Buckley

11th: Theater Games & Improv Acting with Allison
Lerman-Gluck

18th: Dance with Olivia Martin

25th: Imagination, Expression, & You! (Acting &
Storytelling with Greg Boover)

March

4th: Yoga with Paula Boyajian

11th: Your Songs: Music with Wes Buckley

18th: Theater Games & Improv Acting with Allison
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