

**The Central Berkshire Coordinated Family and Community Engagement Grant
Is offering free virtual parent workshops by: Scott Noyes
Please register for any of the workshops using this link:**

<https://forms.gle/pw7QvNe3gHgh7iYz7>

Dates and Topics:

6-8 Tuesday February 9, 2021 High Octane Kids!

6-8 Wednesday February 17, 2021 Intentional Language

6-8 Wednesday March 3, 2021 Routines, Rituals and Transitions

6-8 Tuesday March 16, 2021 Challenging Behaviors

Descriptions:

High Octane kids!

Do you have a child or two who are usually bouncing off the walls? Hanging from the ceiling? Constantly in motion? This workshop looks at causes, prevention, and intervention with energetic kids, avoiding labels like hyper and difficult helps to start this session on a positive note. Strategies that help the child, family, and child care providers are discussed.

Intentional Language– Understanding the words we use with children

By evaluating the phrases children are told daily, parent and care providers understand the impact of their words. This workshop looks at 10 common expressions adults use with kids. Discovering language flaws and finding ways to better express ourselves supports healthy relationships with children. Avoiding the pitfalls in communicating with children is the primary focus of this exciting session.

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The Massachusetts Department of Early Education and Care

Routines, Rituals and Transitions

Whether we are smoothing out the edges on “who had it first” or working with the challenge of a full blown temper tantrum there are times when every parent could use a few fresh ideas. Bedtime hassles, homework blues, and rousting the tardy are issues this workshop covers. Using alignment, active listening, and a little child development know how, parents can support children through the tough times. Find out why bribery, sarcasm, and threats don’t work, especially in the long run.

Challenging Behaviors

Are these children spoiled? Manipulative? Stubborn? Obstinate? Pushy?

The problem with these labels is that they imply that the children’s behaviors are contemplated and intentional. We quickly find that usual reward and punishment strategies do not work with these children. Working with these kids often makes people feel frustrated, overwhelmed, guilt-ridden, and exhausted, sometimes we reach the point where we feel the situation is hopeless, so what do we do? This session looks closely at these children and works to develop systems that help them, empower parents, assist their classmates.

If you have questions please contact: Wendy Provencher, CFCE Coordinator
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