

# **2020 SUMMER SWIM LESSONS**

*July 28 – August 27 (5 weeks) \$32.50*

***Sign up begins Monday, July 20***

*Dalton CRA follows the CDC and Gov. Baker's guidelines. Upon entering the CRA, everyone must wear a mask unless in the pool and social distance at all times. Please, no spectators once class begins. Feel free to enjoy the Memorial Lawn.*

**Child must be at least 6 years old and be able to wear a mask and follow social distancing guidelines.**

***Must sign up for each session. BATHING CAP and TOWEL REQUIRED.***

**\*\*\* NO credits given for missed schedule classes. \*\*\* Class size is limited.**



**Beginners - Level 1 Tuesday, 4:30pm – 5:15pm**

**Beginners - Level 2 Tuesday, 5:45pm - 6:30pm**

**Beginners – Combined Level 1 and Level 2**

**Thursday, 5:45pm – 6:30pm**

**Advanced Beginners/Intermediates**

**Thursday, 4:30 - 5:15pm**

## **Beginners - Level 1**

Level 1 includes children that wear a bubble or are weak swimmers. Also, includes children that are hesitant to put their faces in the water.

## **Beginners - Level 2**

Level 2 includes children that can swim without a bubble and can do front and back floats. Children should be ready to learn rhythmic breathing and front and back crawls.

## **Advanced Beginners/Intermediates**

Advanced Beginners/Intermediates includes children that are comfortable doing rhythmic breathing and front and back crawls.

COMMUNITY RECREATION ASSOCIATION, INC.  
W. MURRAY CRANE COMMUNITY HOUSE  
400 Main Street Dalton, MA 01226  
Phone (413) 684-0260 Fax (413) 684-4033  
www.daltoncra.org

**Schedule Effective 7/13**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:15-7:00 Adult Lap	6:15-7:00 Adult Lap	6:15-7:00 Adult Lap	6:15-7:00 Adult Lap	6:15-7:00 Adult Lap	
	7:00-7:45 Adult Lap	7:00-7:45 Adult Lap	7:00-7:45 Adult Lap	7:00-7:45 Adult Lap	7:00-7:45 Adult Lap	
	7:45-8:30 Adult Lap	7:45-8:30 Adult Lap	7:45-8:30 Adult Lap	7:45-8:30 Adult Lap	7:45-8:30 Adult Lap	7:30-8:15 Adult lap
	8:30-9:15 Adult Lap	8:30-9:15 Adult Lap	8:30-9:15 Adult Lap	8:30-9:15 Adult Lap	8:30-9:15 Adult Lap	8:15-9:00 Adult Lap
9:30-10:15 Adult Lap	9:15-10:00 Adult Lap	9:15-10:00 Adult Lap	9:15-10:00 Adult Lap	9:15-10:00 Adult Lap	9:15-10:00 Adult Lap	9:00-9:45 Adult Lap
10:15 -11:00 Adult Lap	10:00-10:45 Adult Lap	10:00-10:45 Adult Lap	10:00-10:45 Adult Lap	10:00-10:45 Adult Lap	10:00-10:45 Adult Lap	
11:00 - 11:45 Adult Lap	10:45-11:30 Adult Lap	10:45-11:30 Adult Lap	10:45-11:30 <i>Sunny Days</i>	10:45-11:30 Adult Lap	10:45-11:30 <i>Sunny Days</i>	
	11:30-12:15 Adult Lap	11:30-12:15 Adult Lap	11:30-12:15 Adult Lap	11:30-12:15 Adult Lap	11:30-12:15 Adult Lap	
	12:15-1:00 Adult Lap	12:15-1:00 Adult Lap	12:15-1:00 Adult Lap	12:15-1:00 Adult Lap	12:15-1:00 Adult Lap	
	1:00--1:45 Camp 1	1:00--1:45 Camp 1	1:00--1:45 Camp 1	1:00--1:45 Camp 1	1:00--1:45 Camp 1	
	1:45-2:30 Camp 2	1:45-2:30 Camp 2	1:45-2:30 Camp 2	1:45-2:30 Camp 2	1:45-2:30 Camp 2	
	2:30-3:15 Camp 3	2:30-3:15 Camp 3	2:30-3:15 Camp 3	2:30-3:15 Camp 3	2:30-3:15 Camp 3	
	3:15-4:00 Camp 4	3:15-4:00 Camp 4	3:15-4:00 Camp 4	3:15-4:00 Camp 4	3:15-4:00 Camp 4	
	5:00-5:45 Adult Lap	4:30-5:15 Level 1 Beginners 7/28-8/27	5:00-5:45 Adult Lap	4:30-5:15 AdvBeginners/ Intermediates 7/28-8/27	5:00-5:45 Adult Lap	
	5:45-6:30 Adult Lap	5:45-6:30 Level 2 Beginners 7/28-8/27	5:45-6:30 Adult Lap	5:45-6:30 Level 1 & 2 Beginners 7/28-8/27	5:45-6:30 Adult Lap	
1. Mask required at all times unless in the pool.						
2. Advance signup (name/ phone number) required on Signup Sheet.						
3. CRA Membership required or \$8 for nonmember.						