



***NEW Class schedule effective October 12th, 2019***

***New Classes, new location\*, same great time!!***

<b>Day</b>	<b>Time</b>
<b>Tuesday</b>	4:30 PM
<b>Wednesday</b>	5:30 PM Spin/Yoga
<b>Friday</b>	6:00 PM
<b>Saturday</b>	8:00 AM

Thank you for your patience during this time of transition!!

***To show our thanks from 10/12—10/26***

***Members spin for FREE.***

***Non-members spin for \$5.00***

***More classes to be added at a later date***

**\*Classes to be held at the Community House in the bowling alley.**

**Water bottles and towels encouraged. Bike reservations recommended. Please call the CRA at 684-0260 to reserve your bike!**



400 Main Street, Dalton, MA 01226 (413)684-0260 [www.daltoncra.org](http://www.daltoncra.org)