

KID'S GROOVE

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This Moove-N-Groove workout is just for kids ages 5-12. The class runs every Wednesday for 6 weeks from 8:30-10am. Class starts June 23rd. Parents - workout while your kids are in class with Kristin. Parents pay \$30 for 6 weeks for use of the fitness center, pool and most group exercise classes.



Sign up at the Dalton CRA by June 21st. Call Tammy at 684-0260 ext. 16 for more information.